



Our menus are planned to meet the food based standards for food in schools and are checked using a recognised programme to analyse nutrition. Over 75% of our dishes are homemade and freshly prepared using tried and tested traditional recipes we know children will love and there's always seasonal fresh fruit, salad and vegetables available daily and fresh water is freely available.

Week 1

Meat Free Monday

Tuesday

Wednesday

Thursday

Fun Friday

Hot Meal Options

Quorn Pasta Bolognese
Served with mixed vegetables and garlic bread
New
V

Homemade Cheese Whirl
served with baked beans
V

Meat and Potato Pie
served with garden peas and gravy

Cheese and Tomato Pizza
served with sunshine sweetcorn and crunchy chopped salad
V

Cook's Roast Chicken Dinner
served with roast potatoes, seasonal vegetables and gravy
V

Macaroni Cheese
served with crusty garlic bread
V

Chicken Curry
served with 50/50 rice, warm naan bread and sunshine sweetcorn
V

Tomato, Garlic and Basil Pasta Bake
served with fresh seasonal vegetables and crusty garlic bread
V

British Pork Sausage
served with chips, peas and gravy

Harry Ramsden's 100% Fish Fillet
served with oven baked chips and mushy peas

Daily Hot Selection

V **Jacket Potato**
with choice of tasty fillings and crunchy chopped salad.

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with choice of tasty fillings and crunchy chopped salad.

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Cold Option

Percy Pea Pod Packed Lunch
Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts

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Dessert

Decorated Strawberry Mousse or Juicy Chopped Fresh Fruit or Yoghurt

Sliced Peaches In Juice served with Ice Cream or Juicy Chopped Fresh Fruit or Yoghurt

Chocolate Crunch or Juicy Chopped Fresh Fruit or Yoghurt

Cook's Homemade Decorated Carrot Cake or Juicy Chopped Fresh Fruit or Yoghurt

New Homemade Iced Finger or Juicy Chopped Fresh Fruit or Yoghurt

Week 2

Meat Free Monday

Tuesday

Wednesday

Thursday

Fun Friday

Hot Meal Options

Cheese and Tomato Pizza
served with sunshine sweetcorn and crunchy chopped salad
V

Quorn Keema Curry
served with 50/50 rice, warm naan bread and sunshine sweetcorn
New
V

Southern Style Chicken
served with herby diced potatoes and mixed vegetables

Pasta Bolognese
Served with mixed vegetables and garlic bread

Fresh Pork Steak
served with creamed potatoes, broccoli and gravy
V

Tomato, Garlic and Basil Pasta Bake
served with fresh seasonal vegetables and crusty garlic bread
V

Chicken Curry
served with 50/50 rice, warm naan bread and sunshine sweetcorn
V

Homemade Cheese Whirl
served with baked beans
V

Crispy Chicken Fillet
served with oven baked chips and sunshine sweetcorn
V

Star and Stripes
served with oven baked chips and sunshine sweetcorn
New

Daily Hot Selection

V **Jacket Potato**
with choice of tasty fillings and crunchy chopped salad.

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with choice of tasty fillings and crunchy chopped salad.

Cold Option

Percy Pea Pod Packed Lunch
Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts

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Dessert

New Chocolate Flapjack or Juicy Chopped Fresh Fruit or Yoghurt

Decorated Fruit and Jelly or Juicy Chopped Fresh Fruit or Yoghurt

Rice Pudding or Juicy Chopped Fresh Fruit or Yoghurt

Homemade Iced Sponge or Juicy Chopped Fresh Fruit or Yoghurt

Cook's Assorted Fresh Baked Fruit Cookies or Juicy Chopped Fresh Fruit or Yoghurt

Week 3

Meat Free Monday

Tuesday

Wednesday

Thursday

Fun Friday

Hot Meal Options

Vegan Sausage Roll
served with herby diced potatoes and beans
New
V

Veggie Burger
served with herby diced potatoes and baked beans
New
V

Beef and Onion Pie
served with roast potatoes, mixed vegetables and gravy

Cheese and Tomato Pizza
served with sunshine sweetcorn and crunchy chopped salad
V

Cook's Roast Chicken Dinner
served with creamed potatoes, carrots, peas and gravy
V

Tomato, Garlic and Basil Pasta Bake
served with fresh seasonal vegetables and crusty garlic bread
V

Chicken Curry
served with 50/50 rice, warm naan bread and sunshine sweetcorn
V

Meat Free Cottage Pie
Served with seasonal vegetables, beetroot and gravy
New
V

Birds Eye fish Fingers
served with oven baked chips and mushy peas
V

Welsh Dragon Meat Balls
served with pasta and tomato & basil sauce

Daily Hot Selection

V **Jacket Potato**
with choice of tasty fillings and crunchy chopped salad.

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Cold Option

Percy Pea Pod Packed Lunch
Choice of sandwich on fresh soft bread with crunchy chopped salad, plus a choice from today's desserts

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Dessert

Cook's Homemade Apple Flapjack or Juicy Chopped Fresh Fruit or Yoghurt

Cook's Chocolate Muffin or Juicy Chopped Fresh Fruit or Yoghurt

Marble Sponge and Custard or Juicy Chopped Fresh Fruit or Yoghurt

Cook's Homemade Shortbread biscuit or Juicy Chopped Fresh Fruit or Yoghurt

Cook's Homemade Ginger Biscuits with Pears or Juicy Chopped Fresh Fruit or Yoghurt

Key V for Vegetarian Foods

